

# THE FAMILY MATTERS NEWSLETTER

ISSUE # 25

MONTH <b>01</b>	OUR EDITOR Joann Poremba	CONTACT Jporemba@annamariaofaurora.com	FIND US ON FACEBOOK Anna Maria of Aurora
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## Here's To a Safer, Healthier, and Happier New Year 2021!

*Second round of vaccines to be administered on January 13th!*



Anna Maria Administrator  
Aaron Baker



Kensington Administrator  
Chris Norton



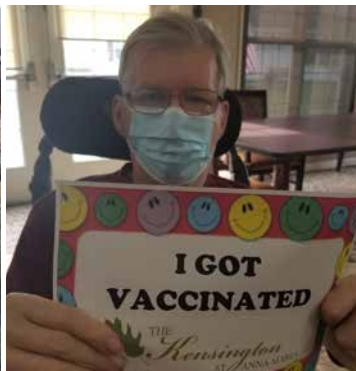
Marketing Manager Evan  
Webster



Family Tree Home Care  
Director Jo Perko

**O**n December 23, residents and staff of the Campus of Anna Maria of Aurora received the first round of the Pfizer-BioNTech Covid-19 vaccine, administered by Absolute Pharmacy, based out of Canton, Ohio. Second round is scheduled to be administered

on January 13. “We feel so fortunate that our residents and staff can be part of the first wave of vaccinations. We have a ways to go, but it is a huge step along the path to getting back to normal,” stated Aaron Baker, Administrator / Owner.



Assisted living resident Bunny B. is so happy to receive the vaccine! 101 years young!

# THANK YOU, THANK YOU, THANK YOU!



Made with love for sure



Personal care items



Lord of Life Youth Ministry

**A**s we know, this year has been one like none other. We are so grateful to many of the local Aurora organizations for helping to make this Christmas season a whole lot brighter for our residents! We cannot thank you enough for your generosity. Our Lady of Perpetual Help Catholic Church - Warm grippy socks, Lord of Life Lutheran Church - gorgeous wreaths handmade by the Youth

Ministry Group, Young Explorers Montessori School – personal care items. Girl Scout Troop 71291 and Aurora Cub Scout Pack 3265 dropped off handmade pictures and uplifting cards and notes. Lisa Renee’s Dance and Enrichment Studio created a virtual holiday dance recital for our residents to enjoy. Thank you for spreading happiness and cheer. Your thoughtfulness made a difference.



What gorgeous wreaths



Roger and Sharon Clements from Our Lady



Assisted living resident Peggy S. hangs a wreath on her door

# Jane Bergh



*“Thank God for your family. Know that they are the most precious thing you have.”*

**F**red and Bernice Beaudry were thrilled when their beautiful baby, a girl they named Jane, was born on December 1, 1930. Older brother Fred immediately fell in love with his new little sister. Jane attended grammar school at St. Mary’s in Manhattan, and high school at St. Dominic’s in Oyster Bay, a good distance from her home in Brooklyn. Traveling on the bus to and from high school was an all-day ordeal, but it offered a good opportunity to complete any homework assignments. Her favorite childhood memory? Spending the summers at a beach house in the Hamptons with family and friends. Nothing but fresh air and ocean breezes.

**U**pon graduation from high school, Jane found employment at the American Broadcasting Company (ABC) in Rockefeller Center, working in the personnel department. She enjoyed this job, however, after marrying Roger Bergh and eventually being blessed with six children (Chris, Patty, Roger, Ginger, Doug, and Mary Jane), she chose a career of “domestic engineer” and raised her family, her greatest accomplishment.

**A**fter several years, the family relocated to Lake Wales, Florida, moved back to New York, and eventually settled here in the Buckeye state, in the city of Chagrin Falls. Their beautiful country house was situated on several acres with a barn, allowing the family to adopt two horses, which the kids adored. Jane rejoined the work force, working as a Human Resource Administrator at Stock Equipment

Company in Bainbridge (she retired in 1997).

**J**ane was busier than ever after retirement. She volunteered at her church (St. Joan of Arc), knitting shawls and blankets for nursing home residents (her knitting skills are impeccable). Jane enjoyed being with friends and traveling, as she took advantage of the many trips offered by the senior center. One favorite trip? Williamsburg, VA, as this historical city was on her bucket list. Check!

**A**nna Maria became home for Jane a year ago after a hospital stay. She is much loved by staff and is a social butterfly! Always flitting here and there. While activities are limited at the moment, Jane has discovered Sudoku and really enjoys it (she just picked up a book one day, completed one puzzle, and was hooked). Her faith is important to her, and she looks forward to participating in rosary and church services again one day soon. She’s a busy gal, FaceTiming with her family, which now includes 17 grandkids and 17 great-grandkids. Jane jokes that her life’s work now is sending cards and remembering birthdays!

**J**ane’s advice to others? “Thank God for your family. Know that they are the most precious thing you have.” Her favorite saying? “What you don’t do with your head you do with your feet!” Thank you Jane for your gift of laughter and sense of humor. May God continue to bless you with good health and happiness.

*December 2020*

# Employees of the Month

*Lisa King,  
Dietary Aide / Cook.*



## Anna Maria

*Always lends a helping hand!*

Congratulations to our Anna Maria Employee of the Month, Lisa King, Dietary Aide / Cook. Lisa was nominated by several employees who observed what a dedicated employee she is, for she is hard-working, always lends a helping hand, and is a team player. Recently, Lisa stepped up to the plate when a cook was needed to prepare dinner one evening. She did a great job and has been cooking ever since. Way to go Lisa! Thank you for providing our residents with great dining experiences; we appreciate you. Keep up the good work!

## Kensington

An Employee of the Month was not chosen this month at Kensington at Anna Maria. We look forward to next month's nomination.



# Assisted / Independent Living



*A look at what is going on...*

## Virtual Holiday Concerts

**M**any thanks to one of our favorite entertainers, Ron Papaleo, for putting together a special holiday concert just for us. Our residents really appreciated the personal touch. Residents also enjoyed a virtual concert by the Chardon Polka Band. Virtual this year, in person next (we hope).



Entertainer Ron Papaleo



The Chardon Polka Band



Plenty of room in Norwood "A" for social distancing!



## What a Cute Helper!

**B**owie the therapy dog lends a helping hand to Marion Lightner with her morning coffee. Don't spill the coffee!



## Quadruplets!

**L**ook at these lovely ladies, all in beautiful matching red sweaters! Was this planned or perhaps a coincidence? Looking good for sure!



L to r: Jazmin, Marge, Ruth and Lisa

## Fireside Chat with Ernie

**A**ssisted living residents enjoyed a “fireside chat” with Ernie one snowy afternoon. Topics ranged from the weather (always a good topic) and politics, to traveling and of course the pandemic. Ernie, having a green thumb, shared a few suggestions on keeping indoor plants healthy during the winter. Thank you Ernie for your gift of time and knowledge!



We love Ernie's festive shirt



Great conversation on comfy couches

## Ornament Painting

Residents enjoyed a fun afternoon painting ornaments. Clear bulbs were filled with squirts of different colors of paint, swirled, and turned upside down to drip down interior of bulb. The results are stunning. Many thanks to Activities Assistant Jazmin Williams for her creative crafting ideas.



Nikki S.



Beautiful ornament



Marge O. with a snowman ornament

## Christmas Lights

One of the highlights our assisted and independent living residents enjoy during the holiday season is a bus ride to view beautiful Christmas lights. Normally our bus can comfortably accommodate 14 residents, however, with social distancing, four is max. So the solution is not one, but four bus trips to view the lights.



One day we hope the bus will be filled again... Until then, four people max





*A look at what is going on...*

## We Are Santa's Elves!

A beloved tradition exists here at the Campus of Anna Maria. Our employees purchase small but sentimental gifts for our residents. Santa's Elves (aka activities staff) distributed these gifts on Christmas Eve, roaming the halls spreading laughter, good cheer, and merriment. It was especially meaningful this year during the pandemic. It's truly wonderful to witness the big smiles on our residents' faces as they open their gifts. PRICELESS! Many thanks to those employees who participated in this gift-giving activity.



Santa hands Tim S. his gift



Betty P. – what a lovely sweater



Wow, look what I got!



Judith R. opens a Hello Sweetie present



Kensington residents are thrilled with Santa's visit and the wonderful gifts!



## Naughty not Nice?

**A**nna Maria resident Bob Banham felt like a superhero during the holidays, however, his hat is not accurate, for Bob is the nicest person you'd ever want to meet. Santa will bring a new hat next year!



## Happy Birthday Dolores Hess

**T**his spunky little lady turned 93 years young on January 5. Family dropped off a delicious Heinen's cake so staff could celebrate with her. Here's to many more happy and healthy years!



## Giving, Not Receiving, Breeds Happiness

**W**ay to go Team Campus of Anna Maria! Employees collected over 150 lbs of non-perishable goods last month which were donated to the Volunteers of America, Aurora branch. These items replenished the empty shelves and helped feed many a hungry family this past holiday season and beyond. This year, assistance was needed more than ever. We are not only co-workers, but team players who work together to help many a worthy cause. Thank you!



LPN Pat Williams assists with sorting canned goods



Lots of canned mushrooms



Volunteers of America



Took a couple of trips to drop off canned goods

## Santa Shop is Open for Business

**K**ensington at Anna Maria residents shopped for gifts for their family members at the “secret” Santa sleigh shop. Normally residents would use their winnings from Bingo to purchase the gifts, however, this year, no “money” was necessary. Residents could choose from lovely items like holiday decorations, word search books, candy, lotions, perfumes, and other small thoughtful gifts. The Santa sleigh shop sure was appreciated by many. Thanks to the wonderful gals in the activity department for arranging this.



## Holiday Bingo

**T**he holiday season can be stressful enough without the added stress of the pandemic piled on top. Staff at Kensington at Anna Maria took a breather one afternoon to play a quick, fun game of life-size holiday B-I-N-G-O!



Bingo board

STNA Heather Wolf and LPN Karen Hasel are big winners!

## Some People are Worth Melting For... (Olaf from Frozen)

**D**uring a safe, socially-distanced crafting session, Anna Maria residents crafted cute “thank you” gifts for our employees: a cute little snowman made out of miniature powdered sugar donuts. No chance of these snowmen melting. Too cute to eat, but we did anyway. Thank you!



## Anniversary Celebrations

**L**ast month, we celebrated two milestone employee anniversaries. Congratulations to Kimberly Gibson, OTA (Therapy), and Brandi Mace, Resident Companion, on achieving 10 and 5 years of service, respectively. We are proud to work with such great employees, and appreciate their dedication to our campus.



Kimberly (in white) with her fellow therapists



Kimberly with administrator Chris Norton



Brandi with administrator Aaron Baker



What a beautiful cake!



Brandi with managers Ruth and Pat

## Ho, Ho, Ho...

**B**usy as he is during the holiday season, Santa found time to stop by the Kensington at Anna Maria building and visit with the residents. What a special treat. Thank you Santa. The best gift of all? The gift of time.



Santa with Mary F.



Santa with Julia H.



Santa with Josephine G. (does that pom pom tickle?)



Santa with Virginia G.



Ho, Ho, Ho says Santa - Have you been good?

# January Calendar

*January is National Blood Donor Month. There is currently a critical need for blood. Donate during the month of January for a chance to win two tickets to the 2022 Super Bowl in LA. To locate the nearest blood drive, check out [redcross.org](http://redcross.org).*

**January 1** – Happy New Year! What is the secret to a successful resolution? Make certain it's realistic, and take small steps in achieving your goals!

**January 4** – National Trivia Day! Did you know the fear of knowledge is called gnosiphobia?

**January 11** – O-H... I-O! The Ohio State Buckeyes battle the Alabama Crimson Tide for the title of National College Champion. The action starts at 8:00pm on ESPN. Go Buckeyes!

**January 18** – A Federal Holiday honoring Martin Luther King Jr's birthday – “But I know, somehow, that only when it is dark enough can you see the stars”

**January 24** – National Compliment Day – Give a meaningful compliment – Instead of saying “These are the best cookies” try this...”I can tell how much care you put into your baking”

## January Birthdays!

SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> Marjorie Lanzdorf	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b> Dolores Hess Linda Myers	<b>6</b>	<b>7</b>	<b>8</b> Valarie Roan	<b>9</b> Joanne Stokowski
<b>10</b> Grace Ward	<b>11</b> Florence Kandzer Marilyn Dobrzanski	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> Bryna Stock
<b>17</b> Robert Karlson	<b>18</b> Ernest Sarosi Virginia Otcasek	<b>19</b>	<b>20</b> Jayne Bergdorf	<b>21</b>	<b>22</b> Robert McDermott	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Louise Black	<b>28</b> Beverley Corcoran	<b>29</b> Helen Hyla	<b>30</b>
<b>31</b> Mary Fletcher						

# On This Date...

**Jan. 3, 1888**

The drinking straw is patented. Great invention, however, did you know that Americans use over 500 million plastic drinking straws a day? Yikes



**Jan. 15, 1936**

The first building to be completely covered in glass, built for the Owens-Illinois Glass Company, is completed in Toledo, Ohio

**Jan. 25, 1924**

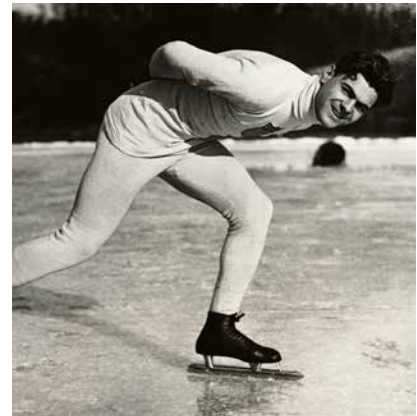
The first Winter Olympics begin in Chamonix, France

**Jan. 28, 1901**

The American Baseball League is formed with eight teams

**Jan. 20, 1892**

The first official basketball game is played, with nine players, at a YMCA gym in Albany, New York



## SNOW TRIVIA

We are fortunate to live in a part of the country where we can enjoy the beauty of all four seasons. Unfortunately, winter is probably the least favorite of the four for reasons such as the snow, cold, and long, dark nights. Whether you enjoy the snow or not, how much do you really know and understand about this “white stuff?”

### 1. What sets up the possibility of an avalanche?

- A. snow
- B. snow drift
- C. snow pack
- D. snow slab

### 2. What sort of snow turns into a glacier?

- A. partially melted snow from a snow pack
- B. snow that has not melted for a few years
- C. fresh snow falling on mountaintops

### 3. When does snow make a noise?

- A. when it is freshly fallen
- B. when the air temperature is very low
- C. when it is about to melt

### 4. What shape are snowflakes?

- A. pentagons
- B. hexagons
- C. octagons



### 5. How much snow is equivalent to an inch of rainfall?

- A. 6 inches
- B. 13 inches
- C. 20 inches

### 6. How tall was the world's largest snowman?

- A. 113 ft, 7 in.
- B. 122 ft, 1 in.
- C. 131 ft, 4 in.


### 7. This winter was the snowiest on record, with a whopping 117.9 inches of recorded snow...

- A. 2004-2005
- B. 2013-2014
- C. 1978-1979

Make yourself a cup of cocoa and try your hand with some fun “snow trivia” for a chance to win an Amazon gift card. Email your answers to [jporemba@annamariaofaurora.com](mailto:jporemba@annamariaofaurora.com). Good luck!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10 AM-11:30AM</b> <b>3 SKYPE/FACETIME</b>  <b>1:45PM-4:25pm</b> <b>Virtual family</b> <b>visitation</b>	<b>4</b> 10am-11:30 virtual visit 1pm Visits NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits	<b>5</b> 10am-11:30 virtual visit 11:30 bop it AV 1pm Chronicles SP 2pm SP Color fun SP 3:30 NP Color fun NP 4:30 AV Sensory fun	<b>6</b> 10:00 unit Visits 1pm Chronicles NP <b>1:45PM-7:55PM</b> <b>VITURAL VISITATION</b> 4:45 Chit Chat AV	 <b>7</b> 9:30am Chronicles NP 10:30am Color fun AV 1:30pm chronicles SP <b>1:45pm- 7:55pm</b> <b>Virtual visitation</b> 4:30pm Sensory fun AV	<b>1</b> <b>HAPPY</b> <b>NEW</b> <b>YEAR</b>  <small>New Year's Day</small>	<b>2</b> <b>9:45am-4:25pm</b> <b>Virtual family</b> <b>visitation</b>
<b>10AM-11:30AM</b> <b>10 SKYPE/FACETIME</b>  <b>1:45PM-4:25pm</b> <b>Virtual family</b> <b>visitation</b>	<b>11</b> 10am-11:30 virtual visit 1pm Visits NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits	<b>12</b> 10am-11:30 virtual visit 11:30 bop it AV 1pm Chronicles SP 2pm SP Color fun SP 3:30 NP Color fun NP 4:30 AV Sensory fun	<b>13</b> 10:00am Unit Visits 1pm Chronicles NP <b>1:45PM-7:55PM</b> <b>VITURAL VISITATION</b> 4:45 Chit Chat AV	<b>14</b> 9:30am Chronicles NP 10:30am Color fun AV 1:30pm chronicles SP <b>1:45pm- 7:55pm</b> <b>Virtual visitation</b> 4:30pm Sensory fun AV	<b>15</b> 10am-11:30 virtual visit 1pm Chronicles NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits	<b>16</b> <b>9:45am-4:25pm</b> <b>Virtual family</b> <b>visitation</b>
<b>10AM-11:30AM</b> <b>17 SKYPE/FACETIME</b>  <b>1:45PM-4:25pm</b> <b>Virtual family</b> <b>visitation</b>	<b>18</b> 10am-11:30 virtual visit 1pm Visits NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits  <small>Martin Luther King Day</small>	<b>19</b> 10am-11:30 virtual visit 11:30 bop it AV 1pm Chronicles SP 2pm SP Color fun SP 3:30 NP Color fun NP 4:30 AV Sensory fun	<b>20</b> 10:00 Unit Visits 1pm Chronicles NP 2pm Resident council 2:30pm food committee MDR <b>1:45PM-7:55PM</b> <b>VITURAL VISITATION</b> 4:45 Chit Chat AV	<b>21</b> 9:30am Chronicles NP 10:30am Color fun AV 1:30pm chronicles SP <b>1:45pm- 7:55pm</b> <b>Virtual visitation</b> 4:30pm Sensory fun AV	<b>22</b> 10am-11:30 virtual visit 1pm Chronicles NP 2pm AV Manicures 3:30 Visits SP 4:30 AV visits	<b>23</b> <b>9:45am-4:25pm</b> <b>Virtual family</b> <b>visitation</b>
<b>10AM-11:30AM</b> <b>24 SKYPE/FACETIME</b>  <b>1:45PM-4:25pm</b> <b>Virtual family</b> <b>visitation</b>  <small>Activity Professionals Week</small>	<b>25</b> 10am-11:30 virtual visit 1pm Visits NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits  <small>Martin Luther King Day</small>	<b>26</b> 10am-11:30 virtual visit 11:30 bop it AV 1pm Chronicles SP 2pm SP Color fun SP 3:30 NP Color fun NP 4:30 AV Sensory fun	<b>27</b> 10:00am Unit Visits 1pm Chronicles NP <b>1:45PM-7:55PM</b> <b>VITURAL VISITATION</b> 4:45 Chit Chat AV	<b>28</b> 9:30am Bop it MLR 10:30am Color fun AV 1:30pm chronicles SP <b>1:45pm- 7:55pm</b> <b>Virtual visitation</b> 4:30pm Sensory fun AV	<b>29</b> 10am-11:30 virtual visit 1pm Chronicles NP 2pm SP Manicures 3:30 Visits SP 4:30 AV visits	<b>30</b> <b>9:45am-4:25pm</b> <b>Virtual family</b> <b>visitation</b>
<b>10AM-11:30AM</b> <b>31 SKYPE/FACETIME</b>  <b>1:45PM-4:25pm</b> <b>Virtual family</b> <b>visitation</b>	<small>Australia Day (observed)</small>					<b>31</b> <b>9:45am-4:25pm</b> <b>Virtual family</b> <b>visitation</b>

**SOUTH PARK; SP, NORTH PARK; NP, ARBORVIEW; AV**  
**MAIN DINNING ROOM; MDR, MAIN LIVING ROOM; MLR**  
**ALL ACTIVITIES ARE SUBJECT TO CHANGE**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:15 Chronicles A13 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles ALL 4 Skypes/ Facetimes Act Trivia SW Jan. Activity Packet	9:15 Chronicles ALL 5 Skypes/ Facetimes Act Trivia SW Winter Crafts	9:15 Chronicles AL16 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles AL17 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles AL18 Skypes/ Facetimes Act Trivia SW 1:1 Visits Martin Luther King Day	9:15 Chronicles AL19 Skypes/ Facetimes Act Trivia SW Winter Crafts
9:15 Chronicles A10 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles ALL 11 Skypes/ Facetimes Act Trivia SW 1:1 Visits	9:15 Chronicles ALL 12 Skypes/ Facetimes Act Trivia SW Winter Crafts	9:15 Chronicles AL13 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles AL14 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles AL15 Skypes/ Facetimes Act Trivia SW Manicures ALL	9:15 Chronicles AL16 Skypes/ Facetimes Act Trivia SW Manicures ALL
9:15 Chronicles A17 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles ALL 18 Skypes/ Facetimes Act Trivia SW 1:1 Visits Martin Luther King Day	9:15 Chronicles ALL 19 Skypes/ Facetimes Act Trivia SW Winter Crafts	9:15 Chronicles AL20 Skypes/ Facetimes Act Trivia SW Food Comm. Res. Council	9:15 Chronicles A21 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles A22 Skypes/ Facetimes Act Trivia SW Manicures ALL	9:15 Chronicles AL23 Skypes/ Facetimes Act Trivia SW Manicures ALL
9:15 Chronicles A24 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles AL25 Skypes/ Facetimes Act Trivia SW 1:1 Visits	9:15 Chronicles AL26 Skypes/ Facetimes Act Trivia SW Winter Crafts Australia Day (observed)	9:15 Chronicles A27 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles A28 Skypes/ Facetimes Act Trivia SW	9:15 Chronicles A29 Skypes/ Facetimes Act Trivia SW Manicures ALL	9:15 Chronicles AL30 Skypes/ Facetimes Act Trivia SW Manicures ALL
Activity Professionals Week 9:15 Chronicles A34 Skypes/ Facetimes Act Trivia SW						9:30 Chronicles ALL 2 10:30 1:1 Visits NW 12:45 Act Trivia SW 2:00 1:1 Visits EW 3:00 Winter Treat ALL
<b>HAPPY NEW YEAR 2021</b> <small>New Year's Day</small>						
<b>9:30 Chronicles ALL 9</b> 10:30 1:1 Visits NW 12:45 Act Trivia SW 2:00 1:1 Visits EW 3:00 Winter Treat ALL						

• All Activities Subject to Change