

FAMILY MATTERS NEWSLETTER 15SUE # 34

MONTH

OUR EDITOR

CONTACT

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Joann Poremba

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Anna Maria of Aurora

The Campus of Anna Maria of Aurora is the Winner of Prestigious Legacy Award



Rain or shine, we walk every year in the Alzheimer's Walk at Canal Park in Akron



L to r: Administrator Chris Norton, Marketing Manager Evan Webster, and administrator Aaron Baker upon learning we won the Legacy Award

t's no surprise that the Campus of Anna Maria of Aurora is a huge supporter of the Alzheimer's Association, Greater East Ohio Chapter. We've been raising funds for the past 10 years, and each year, we meet or exceed our goals. Our classic charity car show is our largest fundraiser, and this year was an exceptional one, raising over \$15,000. Combined with smaller fundraisers like raffle baskets, jeans day Fridays, chili and soup cook-offs, etc. we raised a staggering \$21,000 in 2021. Administrator Aaron Baker received a phone call the other day from Tyler Adams, Executive Director of the Greater East Ohio Chapter, informing him of this good news - the Campus of Anna Maria of Aurora is the winner of the 2021 Alzheimer's Association Legacy Award, awarded to a business who is consistently a top supporter. We've been such for well over 10 years. Without our efforts, the mission of the Alzheimer's Association – providing free support and resources to individuals living with memory loss, and their caregivers - would not be possible. With our help, we hope to one day live in a world without Alzheimer's. It is a reality. *** The award ceremony with our acceptance will be virtual. Please refer to our website for information on how to view.

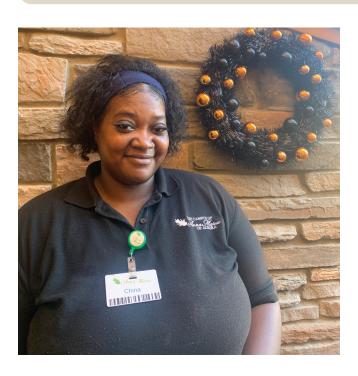
Visitation Guidelines

Continue to refer to our website, annamariaofaurora.com, for the latest updates on visitation guidelines. Look for the red Visitation Guidelines tab. Please contact us at 330/562-6171 with any questions or concerns.

NOVEMBER 2021

EMPLOYEES OF THE MONTH

China Washington, Housekeeping.



Anna Maria

Position: Houskeeping

How long employed: 3 months

Family: 2 boys (13 years, 1 year) and one girl (15 years)

Pets: Two guinea pigs, dog, cat

Favorite Food: Loves Mexican, especially a good beef

Favorite Hobby: Crafting and more crafting. Enjoys

crafting "stuffed" pillows with intricate designs

Favorite Music: R & B – Mary J. Blige

Fun Fact: China is a huge animal advocate. If she won the lottery, she would try to save all the unwanted ani-

mals and find good homes for them

Why Anna Maria?: She likes making a difference - Very friendly - Team Player - Has a kind word for

everyone

Kathy Metzger, Activities Assistant.



Kensington

Years of Service: 8 1/2 **Department:** Activities

Family: Three sons, ages 32, 27 and 20

Favorite Food: Salmon – could eat it everyday

Favorite Music: Country, especially Garth Brooks and

Christmas music

Favorite Activity: collecting beach glass at Mentor

Headlands and crafting

Favorite Beach: Aruba

Fun Fact: Love, loves the Cleveland Indians and line

dancing

Why Kensington? It's a great place to work with a wonderful staff and fantastic administration (Chris Norton)

Resident Profile

** November's Resident Profile (a Kensington at Anna Maria resident) will be featured in the December issue of Family Matters! Stay tuned for double the reading pleasure - two resident profiles!



Happy Halloween

City of Aurora 2nd Annual Trunk or Treat

he Campus of Anna Maria of Aurora participated in the City of Aurora's 2nd Annual Trunk or Treat at the Hartman Fields on Townline Road, sponsored by the Parks and Recreation Department and the Chamber of Commerce. Over 400 kiddos took advantage of delicious treats (thankfully no tricks). The Anna Maria "haunted bus" was the winner of "Best Overall" presentation. We had a lot of fun and look forward to next year. Can we possibly out-do this year? Can the Anna Maria bus be any spookier? Stay tuned... we have plans!





















Hope you all had a very Happy Halloween!

It's always nice to throw a little bit of "fun" into the workday, and Halloween is the best holiday of all to have some fun! Employees enjoy dressing up, and the residents get a big kick out of the great costumes! Rumor has it that Little Red Riding Hood, a Roman "Toga," an ear of corn, Tyler Perry's "Madea," exercise guru Richard Simmons, the Queen of Hearts, a hot dog, hamburger, French fries, and others were seen roaming the halls. Uh oh, watch out. Luckily, no







Chris and Carey Norton

Office staff loves dressing up

(l to r) Ashley H., Carey N. and Betty E.
Can you guess what Betty is?







Tyler Perry's Madea (Maurice W.)



Amanda P., devilish Della and witchy Jackie



The crew at Kensington





A look at what is going on...

Chili Cook-Off at Kensington

ur annual Chili Cook-Off, with all the proceeds benefitting the Alzheimer's Association, is always highly anticipated and never a disappointment. Once again, employees outdid themselves with their creative approach to a delicious crock of chili. We raised over \$150.00! Congratulations to: Amber Reed, 1st Place with Whatchamacallit; Traci Lint, 2nd Place with Bring on the Heat; and Angie Stockman, 3rd Place, with Chaos. Below is Traci's award-winning recipe. Enjoy! *** Anna Maria will be holding their chili cook-off in a couple of weeks. We'll keep you posted!





Traci's Winning Recipe

Ingredients:

- 2 tablespoons of Butter
- 4 cloves of Garlic
- 2 teaspoons of Cumin
- 1 medium onion chopped
- 6 small sweet mini peppers
- 2 -15 oz cans of White Beans, drained
- 1 -15 oz can of Fire Roasted Corn drained
- 2 large chicken breasts
- 1 cup of low sodium chicken broth
- sour cream
- shredded cheese
- cilantro
- tortilla chips

Directions:

- 1. Place oven on broil and roast peppers for 15 minutes. Flip halfway through. Once roasted, slice up and toss in slow cooker.
- 2. Place butter, onion, garlic and cumin in a skillet and saute over medium heat until onions are translucent. Put the mixture in crock pot along with all other ingredients.
- 3. Cook the chili on high for 3-4 hours or on low for 6-8.
- 4. Shred the chicken once it's cooked through. Pour in a bowl and top with crumbled up tortilla chips, sour cream, cheese and cilantro.

Leaves are a FALL-ing...

Nough snow may soon be falling (gasp), leaves were busy falling at Kensington last month. Residents crafted these beautiful colorful fall leaves using a cool paint technique. And where can leaves be found? On trees! Another fun craft involved trees. Never a dull moment at Kensington. Residents are busy, busy, busy!







Helen W. gluing her leaves



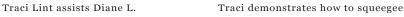
Josephine G. is almost done with ler lovely















Michael A.

Pumpkin Photo Shoot

hough snow may soon be falling (gasp), leaves were busy falling at Kensington last month. Residents crafted these beautiful colorful fall leaves using a cool paint technique. And where can leaves be found? On trees! Another fun craft involved trees. Never a dull moment at Kensington. Residents are busy, busy, busy!







Doris J. (she loves reading the Plain Dealer)

Great picture! STNA Gwen with Bill Y.

Beautiful!





Brothers Edward and David Peace

What a great smile Mary B.



Etelka A. can't stop admiring the glowing pumpkins



Is that a black cat Patricia V. is holding?



Tina C. poses with a creepy skeleton







Frances H. does not seem spooked by this creepy set up



Pumpkin patch at the The Kensington courtyard



Anna Maria Activities Assistants – Michele Coble and Kelli McFall



Marlene W.



Robert H.



Claire M.

Happy Birthday Frances Harper!

his beautiful lady recently turned 93 years young! Her look-a-like daughter, Pat, brought in a most delicious cake to share with fellow residents. Here's to many more years of good health and happiness. May God bless you, Frances.







One, two, three - make a wish!

One gorgeous lady!

What a pretty cake! Delicious, too

Congratulations Amber Reed!

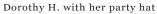


ongratulations to Amber Reed at Kensington, who is now an ADC - Activity Director, Certified. This is an intense certification class which Amber just completed with flying colors. Amber began her career at Kensington as a part-time STNA. Her creativity, talent, and calm demeanor were noticed and she joined the activities department a few years ago. She is now a full-time Activities Director and has greatly enhanced the quality of the activities our residents enjoy. We are very fortunate to have someone like Amber on our team at Kensington. Please congratulate her on this accomplishment!

I Love a Parade!

nd who doesn't? Especially if it's a Halloween parade. Staff at Anna Maria paraded through the halls, entertaining our residents with great costumes and funny antics, all while handing out candy.







What, a parade? Exclaims Mary Lou T.



Who is the French fry talking with Dorothy



Patricia B. feeling a little devilish!



Ladybug Doris J.



Anna Maria activities - Monsters, Inc.



Busy bee Lloyd F.

10



Therapy "hot dog" Millie



Ellen R. - what a beautiful smile!

Congratulations!

e celebrated two milestone anniversaries last month. Congratulations to Semika Flowers, STNA, Five years; and Sally Baltes, RN, Director of Nursing, 20 years. We are extremely fortunate that so many of our employees find happiness and longevity here at our campus.



Bagels are better than cake at 6:30 am! Delicious



Semika (2nd from right) with (1 to r) Heather Carcelli, Sally Baltes, and Chris Kruger



Pumpkin cake and donut holes



Sally (center with white jacket) and co-workers from Kensington



Sally (center) with administrators Aaron Baker and Chris Norton









A look at what is going on...

Spooky Snack Anyone?

he Spooky Snack cart made its way throughout the halls of assisted and independent living, offering a wide variety of delicious snacks for our residents to enjoy! Most popular? Pumpkin roll and cheesecake. We hope to see the spooky cart again, however, this time a turkey cart with Thanksgiving goodies? What do Lisa and Jazmin have up their sleeves? Stay tuned...



Regina G. accepts a place of pumpkin roll from a masked lady – who is that?



Ginny R. can't wait to enjoy her pumpkin roll – yet another masked ladv



The masked ladies - Lisa McFarland and Jazmin Williams



Mary M. doesn't think one slice will be enough - take two!

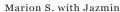
It's Oktoberfest Time!

A ssisted and independent living residents enjoyed a MOST festive Oktoberfest party, complete with hot pretzels, brats, and best of all, Great Lakes Oktoberfest beer. Most enjoyed a sampling of this delicious beer. Noch ein Beir, bitte! Prost!





The crew getting ready to party!







Cheers! (l to r) Ginny R., Mel B. and Marie R.

Want a taste of this delicious beer? Marlys B.

Just Hanging Out!

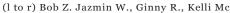
ow this is a rarity for these ladies are never sitting down! We are all entitled to a quick break to regroup and refresh, and that's exactly what (left to right) caregiver Anissa Davis, AL/IL nurse manager Pat Williams, and AL/IL activities assistant Jazmin Williams did for two minutes. Did you know that Jazmin is Pat's daughter? Lovely!



Bob Evans, Down on the Farm

e've been enjoying our outings out to various restaurants in the neighborhood. For some reason, we always seem to overlook the local chain restaurants, like Bob Evans! Residents enjoyed the really delicious food. Everyone left with a satisfied stomach! Resident Ann Farmer was SO surprised to see her family enjoying lunch in the next booth. What are the odds of that?







Carol M., Connie M., Gary B.



Dale Ann W., Karen P., Pat A.



(l to r) Ernie Q., Ginger O., and Lisa McF



Ann Farmer's family - what a coincidence!

Thank You Don Unger

on's loving wife, a resident at Anna Maria, recently passed away. Don was so thankful for the wonderful care she received he agreed to perform a piano concert for the residents. Thank you Don for your kindness. The residents really enjoyed your amazing piano performance.







Dale Ann W. and Pat. A. enjoy the concert

There's a Fungus Among Us!

Yikes, what in the world is that? Some sort of fungus. Very pretty, but don't think we should be dining on that for dinner tonight! Thank you Lisa McFarland for the great picture!



What a Green Thumb!

heck out the sage that assisted living resident Karen Perry grew this year. Karen loves fresh herbs and has had much luck with her herb garden. What's your favorite recipe using sage?



Happy Hour is Happier....

ith good friends, good food and drink, and when Bowie makes an appearance. Residents sure do love their Friday Happy Hour!



Sandra J. (left) and Jean J. enjoy time with Bowie



(l to r) Pat A., Connie M., Helen C., Linda F.



Left Side: Trudy U., Marlys B., Diana H. Right Side: Mary S., Lorraine T.

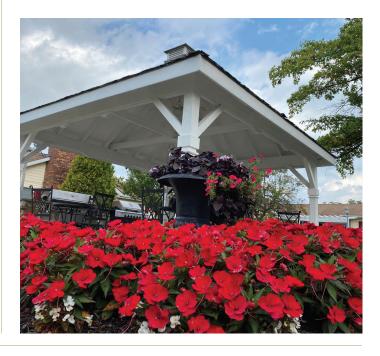
A November Sky

hat a beautiful picture! Trees are in their prime now with changing colors. We'll need to get used to gray skies like this, as blue skies and sunshine will be a rarity now. Thank you Lisa McFarland for a great shot!



Our Beautiful Grande Courtyard

ne last look at the beauty of our Grande Courtyard. Will be awhile before we see this again. Thank you to Ernie Quesenberry (assisted living bus driver / activities asst.) for this lovely shot!



November is

National Native American Heritage Month. Here are a few well-known and accomplished Native Americans: **Deb Haaland** – First Native American to serve as a U.S. cabinet secretary. She is currently the 54th secretary of the interior.

John Herrington – First Native American to travel and walk in space. **Mary Golda Ross** – A NASA mathematician and engineer who worked on the Apollo program and helped write NASA's Planetary Flight Handbook. **Jim Thorpe** – First Native American to win an Olympic gold medal for the US. **Sacagawea** – Interpreter, guide, and the only female on the Lewis and Clark Expedition

Adopt a Senior Pet Month – there are many benefits of making a "senior" your furrever friend! They are great first pets (developed personality, housetrained), reached physical and emotional maturity, and most important – you can save a dog's life (seniors are far less likely to be adopted). Give a SENIOR dog a new leash on life!

Men's Health Awareness Month – Many men grow moustaches this month to help raise awareness and funds for men's health issues such as prostate and colon cancers

Calendar

- Nov. 3 Japanese Culture Day also known as "Bunka no Hi," this holiday promotes culture, arts, and academic endeavor
- **Nov. 3** Stress Awareness Day best way to find calm? Yoga!
- **Nov.** 7 Daylight Savings Time ends Time to "fall back" and turn the clocks back one hour. Enjoy that extra hour of sleep!
- **Nov. 11 -** Veterans Day Honor those who have served our country (Next month's newsletter will feature the veterans here at Anna Maria and Kensington)
- Nov. 13 World Kindness Day Every day should be a good day to spread love and positivity
- **Nov. 25** Happy Thanksgiving! approximately 46 million turkeys are eaten by Americans every Thanksgiving! Gobble, Gobble....

Nov. 27 – Shop locally in support of Small Business Saturday

OUR NOVEMBER BIRTHDAYS!

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------|---------------------|--------------------------------------|----------------------------|----------------------|------------------------------------|--|
| | 1 Ernest Moldvay | 2 | Maria Hehn Carol Mohney | 4 | 5 | 6 Joseph Sindones |
| 7 | 8 | 9 | 10 | 11 Norman Maenner | 12 David Jones | 13 Dora McGregor |
| 14 Angie Tabor | 15 | 16 | 17 Catherine Farneth | 18 | 19 Robert Heston | 20 Annette Cadwell Genee Hawkins |
| 21 | 22 | 23 Thomas Cadwell | 24 | 25 | 26 Hugh Morgan Edward Rogers | 27 |
| 28 | 29 | 30 Valia Antoniak Allen Korner | | | | |

On This Date...

Nov. 2, 2000

Astronauts inhabit the International Space Station for the first time

Nov. 19, 1863

Abraham Lincoln delivers the Gettysburg Address – Fourscore and seven years ago...



Nov. 3, 1906

the SOS signal is adopted worldwide as the standard distress call at sea



Nov. 4, 1922

the tomb of Egypt's King Tut is discovered

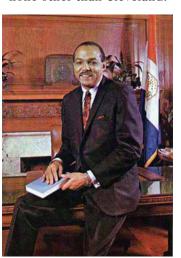


Nov. 22, 1963

President John F. Kennedy is assassinated by Lee Harvey Oswald at 12:30pm CST in Dallas, TX

Nov. 13, 1967

Carl Stokes becomes the 1st African-American elected as mayor in the US. Mayor of none other than Cleveland!



A Day of Giving Thanks, Enjoying Good Food, and Watching Football!

Aahh, Thanksgiving Day... A day to gather with family, eat heartily, watch football, and go shopping! This Thanksgiving 2021 will be especially meaningful for many, as a lot of families did not gather last year due to the pandemic. Thanksgiving marks the unofficial start of the holiday season, and a day when calories don't count! How well do you know this wonderful holiday? Some folks prefer Thanksgiving or Christmas as it's must less stressful. Test your knowledge with these fun trivia questions. Email your answers to editor Joann Poremba at jporemba@annamariaofaurora.com for a chance to win a gift card.

- According to the Butterball Corporation, a frozen turkey should be thawed in the refrigerator for this amount of time for every four pounds of bird
 - a). one hour b). eight hours c). one day d). two days
- 2. Captain John Smith founded what colony in Virginia?
- 3. The 1st department store to hold a Thanksgiving parade was:
 - a). Macy's b). Gimbel's c). JC Penney's d). Montgomery Ward
- 4. Which president moved Thanksgiving up a week to help stimulate the Christmas shopping economy?
 - a). Teddy Roosevelt b). John F. Kennedy c). Franklin D. Roosevelt d). Dwight D. Eisenhower
- 5. What is the name of the famous rock credited to where the pilgrims first landed?
- 6. Two states boast towns named "Turkey."
- 7. Turkeys are very fluffy with lots of soft feathers. Approximately how many feathers does a full-grown turkey have?
 - a). 2,000 b). 3,500 c). 4,000 d). 6,500

| Sunday EW-Eastwest NWW-Northwest NWW-Northwest NWW-Northwest SW-Southwest SW-Sout out NW-SW-SW-SW-SW-SW-SW-SW-SW-SW-SW-SW-SW-SW | Tuesday 1 9:15 Chronicles All 2 10:30 Cooking Class SW 11:00 Communion All 12:45 Act Trivia SW 1:30 Music Memory SW 2:00 Bus Outing OOF 3:15 Cooking Show EW 4:30 Tricky Trivia NW | ω < | 15 9:00 Chronicles All 16 9:00 Chronicles All 17 9:1 | 1.22 9:00 Chronicles All 23 9:00 Chronicles All 24 | 29 9:00 Chronicles All 30 10:30 Cooking Class SW 11:00 Communion All 12:45 Act Trivia SW 1:30 Music Memory SW 2:00 Bus Outling OOF 3:15 Cooking Show EW |
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| | 9 | <u>~</u> > | 20 | 27 | 0 11/1 |
|-----------|--|--|--|--|---|
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| Thursday | 4 9:30 Chronicles All 10:00 Therapy dog 11:30 Rosary MLR 2:00 Talk & Taste MLR 3:30 Music Memory AV 4:30 1:1 Visits SP | 9:30 Chronicles All 10:00 Bop it AV 10:00 Chronicl 10:00 Therapy dog 10:30 Bingo MLR 10:00 Chronicl 10:00 Talk & Taste MLR 11:30 Shop Cart 11:00 Visits SR 11:30 Music Memory AV 2:00 Entertainment 2:00 Fall Treat R:30 1:1 Visits SP NP 1:30 Chit Chat Representation of the control of the contr | ### 130 Chronicles All 10:00 Bop it AV 10:00 Therapy dog 10:30 Bingo MLR 11:30 Rosary MLR 11:30 Shop Cart MLR 3:30 Music Memory AV 2:00 Entertainment 4:30 1:1 Visits SP 3:30 Pictionary MLR 3:30 Pict | HAPPY THANKSGIVING Thanksgiving Day | Novem 2021 |
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