

# September 2022

**1**  
 10:00-OLPH-WC  
 10:00-Shop Walmart  
 12:45-Beachball  
 Volleyball Practice at the Atrium  
 1:30-Uno Card Game-WC  
 3:00-Bingo Followed by Shopping Cart-WC

**2**  
 10:30-Brain Benders -WC  
 1:15-Flow with Flexibility-NA  
 2:00-Entertainment by Steve Moticak-WC  
 3:00-Happy Hour-NBC

**3**  
 10:00-Yoga with Vivian-NA  
 1:30-Let's Discuss it with Mary Kay-NA  
 2:15-Bingo with Mary Kay-WC

**4**  
 9:30-Hope Lutheran Church  
 10:30-Our Lady of Perpetual Help (OLPH)  
 1:30-Christ Community Church Bible Study-WC

Puzzle packets available in the Wellness Center and Westwood Nurses Station.



Labor Day

**5**  
 10:15-Parkside Church Music and Prayer-WC  
 1:00-Short Stories-NA  
 2:00-Yoga with Lisa-NA  
 3:00-Rosary-NA  
 6:00-Evening Bingo-WC

**6**  
 10:00-Scenic Bus Ride  
 10:30-Word Pictures-NA  
 1:15-Craft Corner with Kelli-WC  
 2:00-Bowling with Lisa and Kelli-NA  
 3:00-Bingo with Kelli-WC

**7**  
 10:00-OLPH-WC  
 10:00-Shop Marc's  
 11:15-Order in Lunch from Chicago Deli  
 3:00-Bingo Followed by Shopping Cart-WC

**8**  
 10:30-Brain Benders -WC  
 1:15-Chair Dancing-NBL  
 2:00-Entertainment by Memory Lane Radio-WC  
 3:00-Happy Hour-NBC

**9**  
 10:00-Yoga with Vivian-NA  
 1:00-Adult Coloring or Painting-WC  
 1:30-Let's Discuss ...-NA  
 3:00-Bingo with Kelli-WC

**11**  
 11:00-Chair Exercise with Neela-NA

Grandparents Day

**12**  
 9:30-Nail Polishing-NBC  
 1:00-Virtual Mass-NBL  
 2:00-Exercise with Kelli-NA  
 3:00-Spelling Bee-WC  
 3:00-Bridge Players-Please meet in NA

**13**  
 10:15-Parkside Church Music and Prayer-WC  
 1:00-Short Stories-NA  
 2:00-Yoga with Lisa-NA  
 3:00-Rosary-NA  
 3:30-Act II Singers-WC  
 6:00-Evening Bingo-WC

**14**  
 10:00-Scenic Bus Ride  
 10:15-Debatable-WC  
 1:15-Flower Arranging with Joanne-NBC  
 2:00-Chair Exercise with Neela-NA  
 3:00-Bingo with Kelli-WC

**15**  
 10:00-OLPH-WC  
 10:00-Shop Walmart  
 12:45-Beachball  
 Volleyball Game-Atrium  
 2:00-Music Therapy-WW  
 3:00-Bingo Followed by Shopping Cart-WC  
 3:00-Book Club-NBL

**16**  
 10:30-Brain Benders -WC  
 1:15-Chair Dancing-NBL  
 2:00-Entertainment by Sam Fosh-WC  
 3:00-Happy Hour-NBC

**17**  
 10:00-Chair Dancing with Neela-NA  
 10:00-1:00-Alzheimer's Charity Car Show in the Parking Lot-**Sign up to go in a golf cart!**  
 3:00-Bingo with Lisa-WC

**18**  
 9:30-Hope Lutheran Church  
 10:30-Our Lady of Perpetual Help (OLPH)  
 1:30-Christ Community Church Bible Study-WC

**19**  
 9:30-Nail Polishing-NBC  
 1:00-Virtual Mass-NBL  
 2:00-Kelli's Exercise-NA  
 2:30-I Scream, You Scream, We all Scream for Ice Cream Social and Sweet Memories!-WC

**20**  
 10:15-Parkside Church Music and Prayer-WC  
 11:00-12:30-Salad Bar Alzheimer's Fundraiser-NA  
 1:00-Short Stories-NA  
 2:15-Rosary-NA  
 3:00-History-Music-NA  
 6:00-Evening Bingo-WC

**21**  
 10:00-Scenic Bus Ride  
 10:15-Thinkers-NA  
 1:15-Cranium Crunch-WC  
 2:00-Flow with Flexibility-NA  
 3:00-Bingo with Kelli-WC

**22**  
 10:00-OLPH-WC  
 10:00-Shop Marc's  
 1:30-Piano Concert with Janice-WC  
 3:00-Bingo Followed by Shopping Cart-WC

Autumn Begins

**23**  
 10:30-Brain Benders -WC  
 1:15-Chair Dancing-NBL  
 2:00-Entertainment by Matt Moore-WC  
 3:00-Happy Hour-NBC

**24**  
 10:00 Yoga-NA  
 1:30-Adult Coloring or Painting-WC  
 2:00-Let's Discuss ...-NA  
 3:00-Bingo with Kelli-WC

**25**  
 2:30-Parkside Church Bible Study-WC

Rosh Hashanah Begins

**26**  
 9:30-Nail Polishing-NBC  
 12:30-Health & Safety Expo at the Atrium  
 1:00-Virtual Mass-NBL  
 2:00-Kelli's Exercise-NA  
 3:00-Food Committee with Jim-WC

**27**  
 10:15-Parkside Church Music and Prayer-WC  
 1:00-Short Stories-NA  
 2:00-Yoga with Lisa-NA  
 3:00-Rosary-WC  
 3:30-Spelling Bee-WC  
 6:00-Evening Bingo-WC

**28**  
 10:00-Scenic Bus Ride  
 10:15-Riddle Me This-NA  
 1:00-OLPH Mass with Father Shawn-WC  
 1:45-Balloon Volleyball-WC  
 3:00-Bingo with Kelli-WC

**29**  
 9:15-Shop Marc's  
 11:15-Lunch out at Cracker Barrel in Twinsburg  
 3:00-Bingo Followed by Shopping Cart-WC

**30**  
 10:30-Brain Benders -WC  
 1:15-Chair Dancing-NBL  
 2:00-Entertainment by Matt Moore-WC  
 3:00-Happy Hour-NBC