

FAMILY MATTERS SEPTEMBER NEWSLETTER

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Find us on Facebook: Anna Maria of Aurora

DEAR FAMILIES,

We wanted to take a moment to reflect on our experience with the pandemic over the last few months. In our almost 60 years as a family owned and operated community, we've never been faced with a crisis of such magnitude. Although we have not yet reached the finish line, we definitely feel like we've weathered the worst of it.

In early March, we had just finished a brainstorming session with a disaster preparation work group we formed, consisting of Portage County emergency management, our attending physicians, and local fire and police—to discuss possible scenarios in the event COVID-19 hit our buildings. At the same time, we assessed our existing supplies of PPE that we had stockpiled as part of our overall emergency preparedness plan. I think it's safe to say we felt good about our pre-planning and supply levels, but at the same time, we entered late March with the flawed assumption that the pandemic would not reach us in any significant way—and so soon.

In retrospect, our planning and PPE supplies, although not enough to get us through without challenges, was better than many other facilities. We were, in fact, hit hard by the virus at the Anna Maria nursing facility, and escaped mostly unscathed at Kensington and the Anna Maria independent living/assisted living facilities. Similarly, the spread among staff matched that of our residents in the three buildings. We jumped into action mode, implementing contingency solutions creating a specialized isolation unit to cohort positive residents, quarantining everyone else for observation, distributing and training on PPE use, installing ultraviolet light air scrubbers on all of our HVAC units in the nursing facilities, purchasing more PPE wherever we could source it, sanitizing surfaces several times a day, creating and hiring for a new position to assist nursing assistants, modifying administrative staff duties to assist clinical staff, increasing pay for staff, supplying staff meals, providing hotel rooms at the Bertram and identifying pandemic day care centers for staff.

Based on our response to the outbreak, we requested and were designated as a Health Care Isolation Center by the Ohio Dept. of Health in partnership with our local hospital systems, in the event there might be a need for additional capacity to provide care for COVID positive patients. We did end up admitting numerous COVID positive patients from the hospitals. Although we thankfully never saw our local hospital systems overwhelmed by a surge, we are proud of the care we were able to provide and our role in contributing to the overall fight against COVID. We ended the program in late July when we were able to discharge home the last resident who was admitted with COVID. It's also important to note that we only had one existing resident who tested positive since late April—all other positives had been admitted from another setting.

Despite all of the challenges and the response to them by our staff, it's difficult to describe what our residents, and you, as their family members, have endured over these many months. The changes due to isolation and quarantine, the absence of visitation, the lack of overall interaction and daily activity and routine—all of these things have come with a price. Emotions have run the gamut as we have all tried to deal with the consequences of the pandemic. At times, many of us have questioned the costs vs. the benefits of some of the interventions/precautions. As owners and part of the family, we've tried to instill and maintain a mindset of compliance, compassion and commitment. In other words, we've got to follow the rules, we have to get creative and consider all alternatives, and we have to see this through—and muster all resources to do it.

We would like to extend a sincere thank you to the residents and the families for their stamina, patience and fortitude—and for their unwavering support and appreciation for the staff. We are also so grateful for the incredible dedication of our staff, many of whom have risk factors, or live with those who are more susceptible to the disease, but chose to come to work, day in and day out, and do what they do, despite the uncertainty around them. It has been and continues to be a collective effort, and we will see this through. Again, this fight is not over, and we will likely see isolated cases from time to time, but we will prevail.

Sincerely,

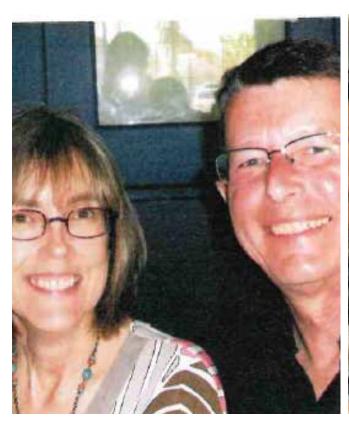
Chris Norton & Aaron Baker

Chris Norton & Aaron Baker

RESIDENT PROFILE

NELLIE TORPEY

What better place than church to meet your soulmate?





Son Terry and his wife

Nellie (center) with daughter Claudette (right) and granddaughter (left)

Nellie, the youngest of six children, was born on May 11, 1926, on a farm in St. Louis, Michigan, about 30 miles east of Saginaw. She was a true farm girl, helping the family tend to the crops and animals. Faith was very important, as the family attended services at the First Baptist Church every Sunday. This is where Nellie met her future husband, Ray Torpey. What better place than church to meet your soulmate?

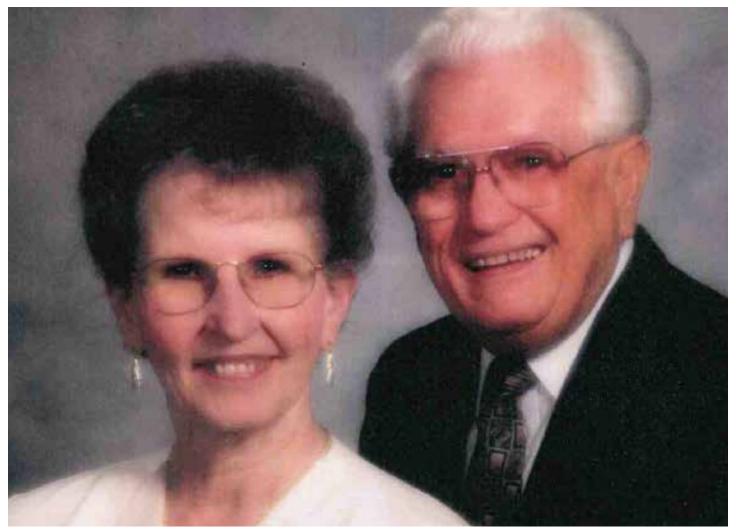
Ray and Nellie married on December 23, 1945, and moved to St. John, Michigan, about 30 miles south of St. Louis, where Ray worked in the tool and die field. Nellie worked part time at the local JCPenney store, however, after her two children were born, Terry and Claudette, she became a homemaker, and loved every minute of it. She was an attentive mom, and doted on her children, playing ball or Barbie dolls at the drop of a hat. Nellie was never too busy to spend time with her family (and the pet poodle, Peppy). When Claudette was about 10 years old, Nellie decided to pursue a long-time passion: hairdressing. She attended the local beauty school, and opened her own beauty salon: Nell's Beauty Salon. She had quite the following of devoted clients, and remained a business owner for 25 years.

Upon retirement, Nellie and Ray purchased a motorhome and traveled throughout the United States. Favorite destination? Boulder, Colorado. After the passing of Ray, Nellie moved to Aurora to be closer to her daughter, Claudette, and her family. Nellie is a proud grandmother of four and great-grandmother of eight, with two more on the way.

She's been a resident at Anna Maria since 2013, where staff has fallen in love with this kind and gentle lady with great hair! What's most important to Nellie? Family and her Christian faith. May God continue to bless Nellie with good health and happiness always.



What a beautiful wedding picture!



50th Anniversary!

SEPTEMBER EMPLOYEES OF THE MONTH

ANNA MARIA



TERRI MALLOY, STNA.

Terri is an important part of our nursing team!

Congratulations to our Anna Maria of Aurora Employee of the Month, Terri Malloy, STNA. Terri is an important part of our nursing team, and we are fortunate to have someone with her qualities caring for our residents. Terri is patient and kind and places the needs of the residents first and foremost. She has a gentle and calm demeanor which is an essential quality that residents appreciate. Terri continues to excel in her duties. Congratulations, and keep up the good work.

KENSINGTON AT ANNA MARIA



VERONICA GREGORY, LPN.

She is a "cheerleader" for her nursing team!

Congratulations to our Kensington at Anna Maria of Aurora Employee of the Month, Veronica Gregory, LPN. Veronica is a breath of fresh air, as she maintains a positive attitude at all times. She is a "cheerleader" for her nursing team, and keeps morale high. Need to work another unit? No problem? Need to assist an STNA or dietary employee with a task? Absolutely. We are fortunate to have someone like Veronica caring for our residents, for their needs are first priority. Congratulations and keep up the good work!

Anna Maria / Kensington at Anna Maria



A LOOK AT WHAT'S BEEN GOING ON!

PEARL JEWELRY

Quite a unique activity! Residents created one-of-a-kind necklaces with a pearl taking center stage. Why so unique? We needed to shuck the mollusk to retrieve the pearl! Yes, we actually ordered a supply of mollusks. Once harvested, the pearl was placed in the center of a beautiful pendant necklace. Residents absolutely enjoyed this activity, and love their special necklaces.















SHARK WEEK!



Residents at Kensington at Anna Maria experienced a "jawsome" fun time during Shark Week! Bit of background: Shark Week is an annual, week-long TV series on the Discovery Channel, which features shark-based programming. Shark Week premiered on July 17, 1988, and was originally devoted to conservation efforts and correcting misconceptions about sharks. Over time, it grew in popularity and became a hit on the Discovery Channel. ** Here at Kensington, residents crafted shark suncatchers, jellyfish mobiles, enjoyed a visit from a friendly shark, and munched on blue and white cookies. Definitely a great week.

HAPPY BIRTHDAY PHIL DORENKOTT!



Anna Maria resident Phil Dorenkott recently turned 85 years young. Family celebrated with Phil during an outdoor visit, however, a small celebration with caretakers was a special treat, thanks to Phil's daughter. Wraps from Yours Truly, KFC fried chicken, chips, and a delicious cake were enjoyed by staff. Here's to a good year, good health, and much happiness!

ALWAYS A FAVORITE!

BINGO



Bingo continues to be a favorite amongst our residents. So glad we can enjoy this fun activity while safely social-distancing.

SEPTEMBER EDITION

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A GLOWING REVIEW FROM A SATISFIED CUSTOMER

We receive numerous thank you letters from residents who are extremely pleased with the top-notch care and services received while at the Campus of Anna Maria for their rehabilitation. We'd like to share one such letter, from Jan Giba, who chose our facility twice now for her rehab.

Dear Mr. Aaron Baker:

I wanted to write you with my comments of your facility: Anna Maria of Aurora. In October 2018, I was seriously ill from a spinal cord emergency surgery. After approximately 8 days In Mercy Health, Youngstown, Ohio, it was important I spend a couple months in a rehab facility. After careful research with help from family and friends, my daughters felt there was only one place for me to recover and that was your facility. My youngest daughter lives in Reminderville where her husband has served the community for 3 terms as Mayor, Sam Alonso, and knew of your facilities reputation. I was transported to Anna Maria and could not have been more pleased with everything from staff, room, therapy, and food. Things were definitely different two years ago compared to my recent recovery in July because of Covid-19; however I left much improved and ready to resume my life.

This past July I had an accident that left me with a fractured right wrist and right side pelvic fracture. There was no other facility under consideration than Anna Maria. Our daughter contacted Jody Rader in Admissions and she made accommodations for me to stay and have the much needed rehab.

I would like to thank so many wonderful caregivers who attended to me with compassion, sympathy, concern, and friendship. So many of your staff were there for me from the two years prior which was also very comforting to see the same friendly faces.

I have recommended your Anna Maria of Aurora to others in my community via our newsletter that if they want a 5-Star place to recover, Anna Maria is the one!

Sincerely,

Jan M. Giba

Columbiana, OH

"I would like to thank so many wonderful caregivers who attended to me with compassion, sympathy, concern, and friendship." - Jan M. Giba







Angie Stockan celebrates 15 years







Carlissa Cannon is so surprised



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What an awesome cake for Keith

Keith and his fellow co-workers

Four employees with "milestone" anniversaries were recognized in August for their dedication and years of service to the Campus of Anna Maria. Congratulations to Keith Jaynes, Maintenance, 10 years - Carlissa Cannon, LPN, 15 years - Angie Stockman, STNA/Medical Records/Scheduler, 15 years - Daniela Parau, LPN, 20 Years. We couldn't be prouder to have you on our team!

JONES BONES FOOD TRUCK





Always a treat to enjoy delicious BBQ from a food truck! Due to Covid, Jones Bones limited their stops this summer. Luckily, we made the cut. Our employees sure did enjoy their BBQ selections.



EASY FALL RECIPE!

APPLE PIE TOTALLY COUNTS AS A SERVING OF FRUIT...

Especially in September... The absolute best time for apples, as most varieties peak this month. Did you know that not all apples are ideal for cooking? For the best pies and crisps, it's best to use a "firm" apple like a Cortland, Fuji, Granny Smith, or McIntosh. For an over-the-top pie, use a combination of firm "sweet" and firm "tart" apples. Firm sweet include Golden Delicious, Pink Lady, and Jonagold. Firm tart include Granny Smith and Rome Beauty. Love apple pie but not a pie baker? Here's a very easy, delicious recipe for Apple Pie. Enjoy!



PREHEAT OVEN TO 350 °

INGREDIENTS

1 quart McIntosh apples (8-10 medium sized), cut up 1/3 cup tapioca ³/₄ cup white sugar Cinnamon to taste Frozen pie shell

3/4 cup flour1/3 cup brown sugar1/3 cup butter1/3 cup chopped walnuts

*** Mix apples, tapioca, sugar, and cinnamon and pour into pie shell. For crumb topping, mix flour, brown sugar, butter, and nuts until crumbly. Pour over pie. Bake in oven for one (1) hour (check at 50 minutes)

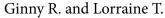
ENJOY!

Assisted / Independent Living

A LOOK AT WHAT'S BEEN GOING ON!

FLOWER ARRANGING WITH LISA





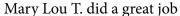


Laura L's arrangement is beautiful



Marlys B. can't smell through the mask







Connie M.



Even Joe V. got in on the fun (with Marge O.)

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Assisted living residents spent an enjoyable afternoon flower arranging with AL/IL Activities Director Lisa McFarland. Lisa informed the group on the tactics involved with flower arranging (one doesn't just throw flowers in a vase). Arranging by color and size makes the difference between a nice arrangement and a great one!

COLORING CONTEST



Home Instead Home Care recently sponsored a coloring contest for our assisted living residents, and what a competition it was. One is never too old to enjoy the art of coloring, for it is calming and soothing. Residents really enjoyed this activity. As you can see, we have quite a talented group of artists.

FRIDAY AFTERNOON OUTDOOR CONCERTS



Ginny R. has a prime seat



Peggy S. Eileen S.



Shirley D. and Nancy G. safely social distance

We are thankful for the wonderful weather we've experienced so far this summer, for it has allowed us to safely social distance in the Grande Courtyard and enjoy our weekly entertainment. Great music, fresh air, and good company. These will continue as long as the weather cooperates.

NATURE RIGHT IN OUR OWN BACKYARD



AL/IL Activities Director Lisa McFarland captured these gorgeous pictures of busy bees and butterflies in the Grande Courtyard. Just beautiful.

LOOKING GOOD!

TIME FOR NEW MASKS



Eve D. looks lovely



Tom and Catherine Priester



Busy, busy, busy



So Colorful



Fern T. sporting a pink mask – looks good!

It appears that masks will be a new "fashion accessory" for quite a while, so why not make the best of it? Residents spent a "colorful" afternoon tie-dying white cotton masks. Each one has its own unique flair. Looking good while staying safe!

HAPPY, HAPPY BIRTHDAY!

Three lovely ladies celebrated birthdays last month, and we wish them nothing but the best. Happy birthday to Mary Lee Hendee (happy 100th! Wow), Kay McCarty, and Marlys Balch. May God continue to bless you all with good health and happiness. Don't they all look marvelous? Fountain of youth in the Anna Maria water perhaps?







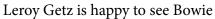
Kay McCarty

Marlys Balch

Mary Lee Hendee

LOOK WHO IS BACK!







First day back – plenty of love from everyone

Bowie is back! Therapy dog Bowie has laid low the past few months due to Covid restrictions, however, he's back a few days a week. Residents are so happy to see Bowie again!

BEAUTY SALON IS OPEN FOR BUSINESS!



Due to Covid-19, our beauty salon has been closed since the middle of March. State of Ohio finally lifted restrictions in July. Residents breathed a sigh of relief as they received much needed hair TLC. Just look at these beauties. Many thanks to Anna Maria cosmetologist Robin Troutman for giving these ladies a great haircut.

SEPTEMBER EDITION

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CALENDAR

THE MONTH OF SEPTEMBER

September is National Chicken Month. What part of the chicken is your favorite? Thigh, drumstick, breast, or wing? Favorite "chicken" restaurant? Chick-fil-A? Buffalo Wild Wings? Raising Cane's? Popeye's? Americans eat approximately 93 pounds of chicken per year. Say Whaaaaaaaaat?

September is also National Wilderness Month. The National Wilderness Preservation System protects more than 111 million acres for us to enjoy. There are nine national parks in Ohio, including one in our own backyard, the Cuyahoga National Park. *** America has a new national park to enjoy. Last December, Congress passed a bill establishing White Sands National Park, located in southern New Mexico, as our 62nd national park. This beautiful park includes part of the world's largest gypsum dune field.

September 7 - Labor Day. The first Monday of September is set aside to honor America's workforce

September 8 – National Grandparents Day

September 11 – Patriot Day, remembering the victims of the terrorist attacks that took place in 2001

September 18 – Rosh Hashanah, the Jewish new year, begins at sundown

September 22 – The first official day of fall! Get ready for apples, pumpkins, and cooler weather

SEPTEMBER BIRTHDAYS!

			9	7 3		3
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 John Mellott	4	5 Patricia Bellian
6	7 Magdalene Pullar	8 Alma Irick	9	10 Martha Horn Elaine Golick	11 George Thompson Mildred Carr Marge Oko	12 Dorothy Vartorella Barbara Gaskins Helen Cardinal
13 Marian Anderson	14 Olwen Cooper	15 Theresa Gleeson Marion Smith	16	17 Frances Zirkle	18 Joan Wohala	19 Carol Jones
20	21 Michael Seminatore	22 Tom Priester	23 Carol DiFranco	24	25	26 Debra Gardner
27 Marlys Anderson	28	29 Ruth Bing	30			

ON THIS DATE...

THE MONTH OF SEPTEMBER

05

1977

NASA launches Voyager 1, currently the farthest manmade object in space



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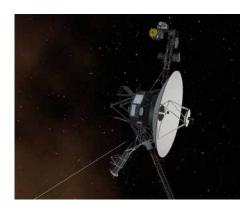
1776

The Continental Congress changes the name of the United Colonies to the United States



1787

The U.S. Constitution is approved by members of the Constitutional Convention



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1789

The U.S. Postal Service is founded

YOUR CHANCE TO WIN!



SEE YOU LATER, SUMMER...

Fall officially begins on Tuesday, September 22, at 9:30am EST, kicking off a season of sweaters, apples, pumpkins (and pumpkin drinks of every kind), and football! Fingers crossed for a safe NFL season. Little strange with no college football. While you're waiting for the weather to cool, **try your luck at some "fall" trivia** for a chance to win a Dunkin' Donuts gift card.

- 1. What state (continental U.S.) boasts the warmest temperatures in the fall?
- 2. Besides FALL, what other word is used to describe this particular season?
- ${f 3.}$ It takes about 40 apples to produce one gallon of apple cider True or Fals
- **4.** When sunlight diminishes in the fall, what chemical in leaves breaks down, allowing the leaves hidden red, yellow, and orange hues to shine through?
- **5.** What butterfly "flies" south in the fall to the warmth of Mexico? This is the only insect that migrates up to 2,500 miles for nicer weather.
- **6.** Approximately how many leaves does a mature maple tree have on its branches?

 $Email\ your\ answers\ to\ editor\ Joann\ Poremba\ (jporemba@annamaria of aurora.com).\ \ Good\ luck!$

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ALL ACTIVITIES ARE SUBJECT TO CHANGE