

# The Atrium Adventures

February 2020

H A P P Y  
*Valentine's Day*



Heroes are seen in various characters. However, our Atrium Independent Living “Hero” is a real person not a fictional character. By unanimous vote, Nurse Bridget became our HERO, our **“February Employee of the Month.”** A hero is one who, in the face of danger, combats adversity through feats of ingenuity, courage, and strength. Yes, **Bridget Gency** exemplifies all these characteristics of a hero, and more. That is why she is our HERO!

Can you picture the scene as our independent living residents are sitting down eating dinner in our dining room? One of our residents, Barbara MacIntosh, is eating with her friends and begins to fall to the floor unresponsive. By the quick response of our dining room supervisor, Izolda Gutuescu, tables were moved aside to make more room. Nurse Bridget was called to

the scene, and I’m sure many residents began praying. Nurse Bridget arrived and went quickly into action performing CPR until the emergency medics arrived on the scene. Together, they were able to regain a faint pulse before leaving our facility.

When Barbara recovered from her heart attack on December 16<sup>th</sup>, she said in her own words, “I am a Christmas Miracle!”

Many who nominated Bridget for the Employee of the Month described her as always being cheerful and helping anyone who needs it. Bridget is always going above and beyond her nursing



*Continued on page 2*

duties to help both residents and employees. She is extremely dedicated to her job. One was quoted as saying, "She helped to bring Barbara back to life," and another simply said, "She Rocks!" Yes, I would agree . . . our



Congratulations and thank you, Bridget, for all you do here at The Atrium.

Since December 16th, Barbara's four daughters have wanted to sincerely thank Bridget for her actions that saved their Mother's life at that time. One of her daughter's is a nurse and understands how nurses go through training and CPR certification as part of their job. On that day, Bridget not only performed her job, but did such an excellent job that their mom was still with them and was soon back to independent living!

However, it is with a heavy heart that the story of our "Christmas Miracle" had to end.



On February 3, 2020 Barbara MacIntosh passed away peacefully in her apartment.

Barbara's daughters said, "There are not adequate words to express our

gratitude for Bridget's actions that saved our mother's life on that day. We cherished the 6 extra weeks we got to spend with our Mom telling her everyday how much we loved her."

They would like to thank all of you at The Atrium for your friendship towards their Mom this past year. She came here from North Carolina not very happily (mostly due to the Ohio weather). But it didn't take her

very long to fit right in and feel a part of the Atrium group.

They heard a lot about her dinner table group of Jane, Bob and Vivian. Her breakfast and happy hour table of Fay and Fred, Bud, Joann, Diane; and, Jean and John always provided some good stories for her to share.

They especially enjoyed hearing about Joann and Mom's sing-along at some of the happy hours. And then there was always bridge; there were never enough bridge players for Mom to play as much as she would have liked, but we thank Audra, Sarafrances, Rosemary, Joann and Marilyn (may have missed someone) for playing that game she loved so much. They know they didn't name everyone (especially all of the special employees) that became her friends.

However, they thank you all from the bottom of their hearts for the part you played in their mom's life. Although they are not having a local memorial, they hope during one of your happy hours, you can raise a glass in memory of their Mom! (A vodka martini with 2 blue cheese stuffed olives would be the drink of choice!)

*You are sadly missed*

**Barbara Ann MacIntosh**

**MAY 27, 1932 ~ FEBRUARY 3, 2020**



## What does living at The Atrium mean to me!



On June 2, 2016 I moved into the Atrium to Independent Living, and my husband moved into Reflections for memory care. To have my husband living in the same building, was such a blessing for both of us. I could visit with him anytime, day or night, and I did.

I was so impressed with the care he received from the nurses and aides, particularly Denise and Kim. Although he gave them a hard time about little things, especially having his hair cut, they worked their magic by taking him outside on the patio. One fed him treats, while the other one cut his hair.

I have met so many wonderful people here, made new friendships, and look forward to each new day. The Atrium makes me feel safe, well cared for, and cared about. It is my home.

Marilyn S.

### Happy February Birthdays

2/19 Elizabeth B.

2/22 Fran S.

### Employee Birthdays

2/19 Mathew C./Dietary Cook

### Employee Work Anniversaries

2/5—4 yrs. Johnasia J./Dietary

2/5—4 yrs. Ricki V./Dietary Cook

2/23—2 yrs. Mark F./Maintenance

## Maintenance Tips!

Please do not “catch Mark” in the hallway to ask him to do something. Go, instead, to the front desk and have them write up a work order. *If you see Mark on the move...it's because he is in the middle of finishing another work order.*

### Outside Trash Cans are not for food or trash!

They are filled with outside salt for snow & ice only! Please do not put food or trash of any kind inside of these outside trash cans! Thank you!!!

## Special Note from Dining Services!

If you need to contact Dining Services, please call **(330) 732-8114** for assistance.

If you need to have dinner delivered, **you must call by 4:30 pm to submit your order.**

## Housekeeping Reminder!

Please do not put garbage outside in the hallway before supper. *Thank You!*

## Important Inserts!

*Please fill out the enclosed important inserts and return to the front desk as soon as possible.*

- 1) Resident Parking Agreement
- 2) Internal Marketing Questionnaire





Help Save A Life!  
That Life, Could  
Be Yours!

Please remember to wear your Atrium “**Pendant**” or “**Wrist Band**” at all times! If you need assistance push the front button hard, and hold it in for at least 2-3 seconds until the light comes on. If you do not hold the button, the nurse will not know that you need help. In the event of an emergency, please also call 911!

## Sharing the Love in Activities!



Are you looking for a “FUN” activity? Please consider becoming a part of our Atrium Chair Volleyball Team. We need volleyball players! We practice every Monday, Tuesday, and Thursday at 1:00 pm; Saturdays at 11:00 am in the Atrium. Come out and try it for an exciting and fun hour. Twice a month we play other senior centers with snacks that follow.

- ◆ Be sure to pay close attention to the Activities Information Counter to see contests, winners, and upcoming special events.
- ◆ Signs will be posted soon as we prepare to celebrate “Mardi Gras” and “Ash Wednesday.”

Thank you for your patience while we make transitions at the front desk and in activities!

*May you have a blessed February filled with love...*



800 N. Aurora Rd., Aurora, OH 44202

(330) 562-7777

