

Welcome to our 1st edition of the "Atrium Adventures" Independent Living Residents' Newsletter. We hope you have enjoyed, as much as we have, all the holiday activities and special events held here at The Atrium throughout the month of December. We also hope that your New Year is off to a great start!

As we begin this New Year, our desire is to bring some positive and encouraging changes to The Atrium. With that in mind, we want to focus on improving the communication between you, our residents, and our staff.

Therefore, we have designed a monthly newsletter! Inside each edition you will find helpful reminders, encouraging words to inspire you, testimonies, important dates to remember, photos of residents enjoying

various activities, and so much more.

Atrium Living is all about enjoying independence in a resort-life atmosphere. Where else can you experience the vitality and enjoyment of life within a community without ever leaving your community? Yes, we can build a unique community here within The Atrium, and that is exactly what we'd like to do.

However, to accomplish that, we all must work together as a community...helping one another to communicate effectively and openly to create an amazing place to call home.

As you continue to live at The Atrium, we look forward to helping you enhance your everyday life through unique opportunities of interaction and a caring environment, as you enjoy this special time of your life.



What does living at The Atrium mean to me!

Living at The Atrium was a great surprise as I did not know that independent senior living existed. My two daughters introduced me to this lifestyle. What a wonderful experience!

I enjoy this new way of life. Every need is provided and listened to for any other requests. I enjoy the benefits of exercising and the wonderful entertainment on Fridays. They also remember our birthdays with singing as everyone is present.

It is also good to know, that in case of physical challenges and illness someone will help.

I thanked my daughters for bringing me to The Atrium at Anna Maria.

—Mary J.

Happy January Birthdays

1/12 Ann F.

1/14 Dave B.

1/17 Bob K.

1/17 Marge D.

1/30 Vivian L.

Employee Birthdays



1/5 Mark F./Maintenance

1/6 Amanda Z./Dietary

1/19 Tim S./Dietary

1/21 Harika P./Dietary

1/24 Cee-Jade N./Dietary



Employee Work Anniversaries

1/4 - 1 yr Adam G./Dietary

1/28 - 1 yr Tim S./*Dietary*

Front Desk Helpful Reminders!

Hours for the front desk are:

Monday thru Friday 9:00 am - 5:00 pm Saturday & Sunday 10:00 am - 3:00 pm

PLEASE HELP KEEP ALL OUR RESIDENTS SAFE!

When the outside entrance doors are locked, please do not let anyone you do not know through these doors. PLEASE DO NOT SHARE THE ACCESS CODE WITH VENDORS WHO MAY BE VISITING YOUR APARTMENT. Any and all deliveries made outside of normal business hours, will be done through our secured doors on the Reflections side. All other access doors will be locked from the outside. FOR YOUR SAFETY AND THE SAFETY OF ALL...Please <u>do not</u> prop open the inside or outside entrance doors. If you notice a door propped open, please shut it.

- Please keep your POA, personal and emergency contact information up-to-date by letting the front desk know of any changes.
- When going out of town, please notify the front desk. This way, we don't worry about you while you're gone.



Housekeeping Tips!

- Sheets and towels are washed during their normal housekeeping day.
- Housekeepers <u>DO NOT</u> wash blankets or comforters!
- Please do not put comforters in our washing machines as they are too biq!



<u>DINNER - GRAND DINING ROOM</u> HOURS OF OPERATION: 5:00 pm - 7:00 pm

GUEST MEALS *You may enjoy the company of a guest(s) at any time as they are welcome to join you for dinner – at \$10.00 p/p charge.

PLEASE BE SURE RESERVATIONS ARE MADE FOR ALL GUEST MEALS. 24 HOURS ADVANCE NOTICE IS A MUST FOR ALL RESERVATIONS!

Please call the front desk (330-562-7777) to confirm your guest reservation. <u>24 hour advance notice will ensure table space is available!</u>

Winter Valet Parking Tip!

 During inclement weather you may call the front desk to request your personal automobile to be cleared of snow, warmed up, or brought to the front door. However,

1-HOUR ADVANCE NOTICE IS REQUIRED!

• **UPON RETURN**, it will be your responsibility to park your vehicle in your designated parking area.

This is a Complimentary

Service for Atrium Residents
Only!

Employee of the Month!

We are very proud of our employees here at The Atrium. They are always striving to meet the needs of our residents, and love to receive feedback about how they are doing. If something is done well, then please share that compliment with us so that we can continue to provide that great service. In addition, if you have suggestions regarding how we can better serve you, then please share those with us as well.

One way you can personally let our employees know that their hard work is appreciated, is by nominating an "Employee of the Month." Throughout the month employees and residents can nominate an employee who has worked hard in achieving an excellent work ethic—going above and beyond what is expected of them. We value our employees and we want you to be a part of recognizing them as well.

We believe praise and recognition are essential to an outstanding workplace. We want our employees respected and valued for their contribution in making your community a great place to live. Will you join us by nominating our next Employee of the Month? You will find the nomination forms at the front desk and don't forget to stop by and see who our Employee of the Month for January is. Nominations are due by January 31st for our "February Employee of



Activities!

The Atrium offers many features that support an active, enriching lifestyle while maintaining your independence such as: fitness center, theater, salon & spa, grand dining hall, enclosed courtyards, a library and a casual bistro & lounge.

Fitness programming and instructors—from aquatics to yoga—provide the opportunity and environment to get the most out of everyday life. In addition, these features help you improve and maintain your health and well-being.

Depending on individual needs, The Atrium provides varying levels of activities including: Trivia, Chair Volleyball, Water Fitness, Games, Bingo, Prayer & Devotional, Personal Training, Chair Dancing, Crafts, Puzzles, Billiards, Movies, and much more. There are additional special programs, outings, arts & cultural events, and a variety of other activities—everything to enhance and nurture this special time in your life.

- Be sure to pick up your monthly activities calendar at the information counter.
- Don't forget to read the daily Activities' Signs posted at the information counter and in the Bistro. Sign up early so you don't miss out on monthly outings and events that are happening.

Thank you for your patience while we search for a new Activities Coordinator!

TRINITY CATHEDRAL Brown Bag Concert Wednesday, October 30, 2019







May you have a safe, healthy, and prosperous New Year!



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